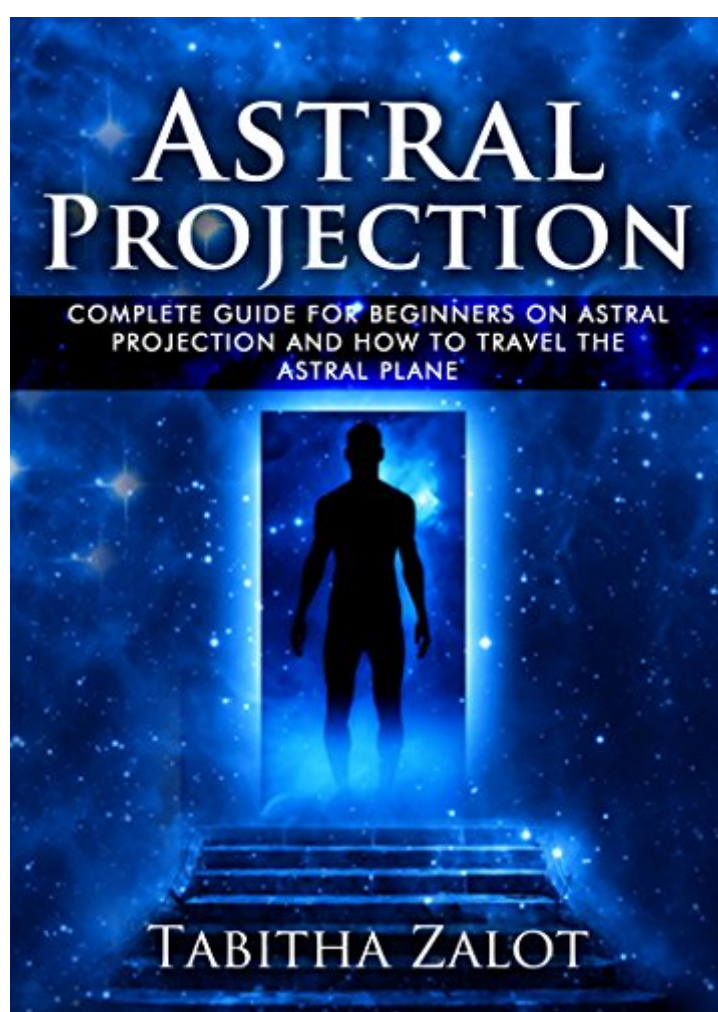


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# Astral Projection: The Complete Guide For Beginners On Astral Projection, And How To Travel The Astral Plane (The Expanding Mind Book 3)



## Synopsis

**\*\*\*READ FOR F R E E WITH KINDLE UNLIMITED\*\*\***The BEST Book on Astral ProjectionA complete and AMAZING GUIDE for beginners on Astral Projection and how to easily travel the astral Plane.Buy this book now before the price goes up.Have you ever dreamt about leaving your body and having an OBE, Out-of-Body-Experience, a.k.a. Astral Projection? Or do you sometimes think about the afterlife or incarnation? (They are both actually connected with Astral Projection!) Or perhaps you are just up for an exciting journey?Inside this book you will learn how you too can travel through the Astral World and perform an Astral Projection. When you read this book you will be guided, step-by-step, through the process of Astral Projection, and I will help you create the best possible circumstances for achieving your goal of an Astral Travel today.In this book I will show you:â€œ Top 10 most common and effective methods for Astral Projectionâ€œ Top 10 greatest benefits for traveling in the Astral Planeâ€œ How and why Astral Travel was used already from ancient timesâ€œ If Astral Projection is a supernatural affair, transcendent liberation or an afterlife forecast!â€œ What are the signs for Astral Projection and how it actually happensâ€œ How to best prepare physically and mentally for an Astral Voyageâ€œ And a lot more!Buy This Book Now

## Book Information

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## Customer Reviews

This book is about the distinction between the physical body, the mortal form and the spiritual body, the material dimension and being able to travel outside of physical, detaching the spiritual from the bodily one and touching your metaphysical self in a safe and harmless way. Anyone who is trying to do this, getting out of one's body wonders things like, "Will I be able to come back?" • And "Why should I even consider doing this and what are the benefits or rewards?" • Besides the metaphysical awakening, enhanced imagination, life after death confirmation, personal growth, the ability to time travel among other benefits, there is the liberation of death fears, which to me is the biggest boon to doing this. We all want to get shed of this fear of death and what better way can there be than to give yourself the proof that you can do it now so that when we bite that final bullet, we know what's coming? The author, Tabitha Zalot has laid out a method, several really, of how to prepare for your flight to the astral plane with suggestions on how to do it, something I have not come across before. My next step now is to actually do it.

My recent interest in the energetic world eventually led me to the topic of astral projection and a need for practical sources of info on the topic. This book was very practical in length, tonality and completeness. Definitely recommend it to anyone just beginning their journey.

This is a very interesting topic for me. If you have ever seen the movies *Insidious*, it shows something this book talks about. This is all about astral projection. This book will serve as your guide to discovering the world of astral projection. You will find out how it is to live an out-of-the-body experience as soon as you can master this paranormal ability. You will also discover how to develop psychic powers through astral projection. This is really a book that made me amaze.

I practice Yoga and I've tried doing astral projection before but it was unsuccessful. That's the main reason why I bought this book, to feed me more information about this wonderful experience. Astral projection is an out-of-body experience that engages the sensorial system and whose effects are mostly of a psychological nature. It is the ability of detaching one's consciousness from their material self and transferring to its spiritual form. It is an art which stimulates our minds and imagination as it gives us personal enlightenment. The book written by Tabitha Zalot is very

informative. In this book, I've learned a lot about Astral Projection in which I didn't understand before. The techniques and benefits were vastly well explained in this book. It's a very informative guide which could unlock you towards personal enlightenment.

Astral projection is very intriguing. Since I have not experienced it myself, I am unsure of what to believe about it. That said, I do not limit what I know with what other people say. I read books and do my own research about it. This book is one of those that I read regarding astral projection. The book contains useful information that people new to astral projection can use. It also has some tutorials for the astral voyage as well as top 10 lists of other information about it. Fantastic read!

Astral projection is one of my dreams I want to do. It is so cool that you can do astral projection. I researched about how to do astral projection and I found this book interesting than other books. This book explained to me how and why was astral travel used from ancient to current times. The book shows if it is a supernatural affair, a transcendent liberation, or an afterlife forecast. I learned what the signs for astral projection are and how it actually happens. I also learned how the best prepare physically and mentally for an astral voyage. I am so excited to try this and I hope I succeed.

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